

Bowel prep

Pre-admission testing

Appointment date: _____ time: _____

Directions

Willamette Valley Cancer Institute to Sacred Heart Anesthesia Clinic (541-686-7166):

- 1) Take elevator to the 3rd floor.
- 2) Enter the parking structure, turn right and go past the elevators and stairs and through the doors to the sky bridge.
- 3) Take the sky bridge across to the 3rd floor of the Northwest Specialties Clinic (NSC). You will see Crema Café on the right and kitty corner across from the coffee shop behind the wall is the Sacred Heart Anesthesia Clinic

The day before surgery

Date: _____

- Eat as normal until 4 p.m.
- At 4 p.m., drink 10 oz of Magnesium Citrate (can be purchased at any pharmacy over the counter).
- After 4 p.m., only clear liquids. This would include grape, cranberry, apple juice, broth, Jell-O, etc. Make sure Gatorade or another sports drink is one of your liquids.

NOTHING BY MOUTH AFTER MIDNIGHT THE NIGHT BEFORE SURGERY.

Surgery

Appointment date: _____ time: _____

Check in at hospital at: _____

NO Aspirin, Ibuprofen, Vitamin E, Vitamin D, Fish Oil and herbal supplements 5 days prior to surgery.

We will call you the day before surgery to let you know surgery time.

Post-op

_____ week post-op appointment _____ staple removal

For more information

**Talk with your oncologist
or call: 541-465-3300.**

Gynecologic Oncologists:

Charles K. Anderson, MD
Audrey P. Garrett, MD, MPH
Kathleen Y. Yang, MD
Linn Bergander, PA-C, MPH